

Special Issue

Obstructive Sleep Apnea: Latest Advances and Prospects

Message from the Guest Editor

Obstructive sleep apnea (OSA) is a major public health concern, with significant consequences for cardiovascular health, metabolic function, and overall quality of life. Despite important advances in recent years, many challenges remain in its diagnosis, treatment, and long-term management. This Special Issue aims to bring together the latest research and clinical perspectives to improve our understanding of and approach to this complex disorder. We encourage the submission of original studies, reviews, and clinical research focusing on key aspects of OSA, including novel diagnostic tools, home sleep testing, myofunctional therapy, surgical interventions, and emerging therapies such as neurostimulation and pharmacological treatments. By gathering insights from experts in sleep medicine, otolaryngology, pulmonology, and other related fields, this Special Issue seeks to provide a comprehensive overview of current advancements and future directions in OSA research and treatment. We invite researchers and clinicians to share their findings and contribute to the ongoing progress in this evolving field.

Guest Editor

Dr. Carlos O'Connor Reina

Department of Otolaryngology, Hospital Quiron Salud Marbella, 29603 Marbella, Spain

Deadline for manuscript submissions

closed (25 March 2026)



Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



mdpi.com/si/233588

Journal of Clinical Medicine
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jcm@mdpi.com

mdpi.com/journal/

jcm





Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



mdpi.com/journal/

[jcm](https://jcm.mdpi.com/)



About the Journal

Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's (JCM)* staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

Editors-in-Chief

Prof. Dr. Emmanuel Andrès

Internal Medicine Department, University Hospital Strasbourg, 67081
Strasbourg, France

Prof. Dr. Kent Doi

Department of Emergency and Critical Care Medicine, The University of
Tokyo, Tokyo, Japan

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPIus / SciFinder, and other databases.

Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 18.5 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the second half of 2025).