

Special Issue

Obstructive Sleep Apnea: Latest Advances and Prospects

Message from the Guest Editor

Obstructive sleep apnea (OSA) is a major public health concern, with significant consequences for cardiovascular health, metabolic function, and overall quality of life. Despite important advances in recent years, many challenges remain in its diagnosis, treatment, and long-term management. This Special Issue aims to bring together the latest research and clinical perspectives to improve our understanding of and approach to this complex disorder. We encourage the submission of original studies, reviews, and clinical research focusing on key aspects of OSA, including novel diagnostic tools, home sleep testing, myofunctional therapy, surgical interventions, and emerging therapies such as neurostimulation and pharmacological treatments. By gathering insights from experts in sleep medicine, otolaryngology, pulmonology, and other related fields, this Special Issue seeks to provide a comprehensive overview of current advancements and future directions in OSA research and treatment. We invite researchers and clinicians to share their findings and contribute to the ongoing progress in this evolving field.

Guest Editor

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