

Special Issue

Obstructive Sleep Apnea (OSA): What Can We Do Now?

Message from the Guest Editor

Obstructive sleep apnea (OSA) represents a public health problem by its strong incidence with the concomitantly increasing age of the world population and the obesity epidemic. Obesity is a major risk factor for the development and progression of OSA. Changes in lifestyle habits to reduce a sedentary lifestyle, but also the early management in childhood of the developmental anomalies of the elements of the mandibular/masticatory system, must be included in the management of OSA. Finally, in adults at a high cardiovascular risk and the elderly, the clarification of the “good indications” of treatment should be proposed. The purpose of this Special Issue will be to present original research work centered around these new questions. First, we wish to establish the role of lifestyle in order to reduce the number of OSA patients. Second, to evaluate compliance with different treatments, including mandibular/masticatory system tools. Third, to evidence, as far as possible, new markers of disease. Finally, we aim to early on detect the severity of the cardiovascular risk in young patients, who could reduce it, by introducing an immediate therapy strategy.

Guest Editor

Dr. Pierluigi Carratù

Institute of Internal Medicine “A. Murri”, Department of Precision and Regenerative Medicine and Ionian Area, Università Degli studi di Bari Aldo Moro, Bari, Italy

Deadline for manuscript submissions

closed (14 April 2024)



Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



mdpi.com/si/158096

Journal of Clinical Medicine
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jcm@mdpi.com

mdpi.com/journal/

jcm





Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



mdpi.com/journal/

[jcm](https://jcm.mdpi.com/)



About the Journal

Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

Editors-in-Chief

Prof. Dr. Emmanuel Andrès

Internal Medicine Department, University Hospital Strasbourg, 67081
Strasbourg, France

Prof. Dr. Kent Doi

Department of Emergency and Critical Care Medicine, The University of
Tokyo, Tokyo, Japan

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPLus / SciFinder, and other databases.

Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 18.5 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the second half of 2025).