

Special Issue

From Hyperfunction to Insufficiency: A Comprehensive Look at Adrenal Disorders

Message from the Guest Editors

Functional adrenal disorders comprise a heterogeneous group of conditions, ranging from hormone excess (such as Cushing's syndrome and primary aldosteronism) to adrenal insufficiency. These conditions often present with nonspecific symptoms, and many cases remain undiagnosed or are misdiagnosed for years. The burden of adrenal disorders is significant, affecting cardiovascular, metabolic, and bone health and often requiring lifelong treatment. Subclinical forms, such as mild autonomous cortisol or aldosterone secretion, are increasingly recognized, but their natural history and optimal management are still debated. On the other end of the spectrum, adrenal insufficiency continues to carry risks of under-replacement and adrenal crisis, despite established therapies, while hypoaldosteronism remains underdetected and its clinical implications largely unexplored. This Special Issue will explore the full clinical and pathophysiological spectrum of adrenal disorders through original research and review articles, aiming to address current gaps and improve patient care.

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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