

Special Issue

From Hyperfunction to Insufficiency: A Comprehensive Look at Adrenal Disorders

Message from the Guest Editors

Functional adrenal disorders comprise a heterogeneous group of conditions, ranging from hormone excess (such as Cushing's syndrome and primary aldosteronism) to adrenal insufficiency. These conditions often present with nonspecific symptoms, and many cases remain undiagnosed or are misdiagnosed for years. The burden of adrenal disorders is significant, affecting cardiovascular, metabolic, and bone health and often requiring lifelong treatment. Subclinical forms, such as mild autonomous cortisol or aldosterone secretion, are increasingly recognized, but their natural history and optimal management are still debated. On the other end of the spectrum, adrenal insufficiency continues to carry risks of under-replacement and adrenal crisis, despite established therapies, while hypoaldosteronism remains underdetected and its clinical implications largely unexplored. This Special Issue will explore the full clinical and pathophysiological spectrum of adrenal disorders through original research and review articles, aiming to address current gaps and improve patient care.

Guest Editors

Dr. Jorge Gabriel Ruiz-Sánchez

Endocrine Hypertension Unit, Endocrinology Department, Hospital Universitario Fundación Jiménez Díaz, Madrid, Spain

Dr. Patricia Y. Fechner

Seattle Childrens Hospital, University of Washington School of Medicine, Seattle, WA, USA

Deadline for manuscript submissions

25 March 2026



Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



mdpi.com/si/248385

Journal of Clinical Medicine
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jcm@mdpi.com

mdpi.com/journal/

jcm





Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



[mdpi.com/journal/
jcm](https://mdpi.com/journal/jcm)



About the Journal

Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

Editors-in-Chief

Prof. Dr. Emmanuel Andr  s

Internal Medicine Department, University Hospital Strasbourg, 67000
Strasbourg, France

Prof. Dr. Kent Doi

Department of Acute Care Medicine, University of Tokyo, Tokyo, Japan

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).