

## Special Issue

# Diagnosis, Treatment, Prevention and Rehabilitation in Osteoporosis

### Message from the Guest Editor

It is my pleasure to present this Special Issue on the diagnosis, treatment, and rehabilitation of osteoporosis, a very common pathology, which contributes to frailty in the elderly. Osteoporosis has various clinical features, which vary from a simple osteopenia to a more complex presentation, as fragility fractures. The purpose of this Special Issue is to provide an update on modern diagnostic and therapeutic approaches to osteoporosis, collecting original articles and systematic or narrative reviews on this multidisciplinary pathology and providing experience on diagnostic techniques, diet and drugs, and conservative and surgical treatment of the main fragility fractures.

---

### Guest Editor

Dr. Gianluca Testa

Department of General Surgery and Medical Surgical Specialties,  
Section of Orthopaedics and Traumatology, University of Catania,  
95124 Catania, Italy

---

### Deadline for manuscript submissions

closed (31 May 2025)



## Journal of Clinical Medicine

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/si/173943](https://mdpi.com/si/173943)

*Journal of Clinical Medicine*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[jcm@mdpi.com](mailto:jcm@mdpi.com)

[mdpi.com/journal/](https://mdpi.com/journal/)

[jcm](https://jcm)





# Journal of Clinical Medicine

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/journal/](https://mdpi.com/journal/)

[jcm](https://jcm.mdpi.com/)



## About the Journal

### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

---

### Editors-in-Chief

Prof. Dr. Emmanuel Andrès

Internal Medicine Department, University Hospital Strasbourg, 67081  
Strasbourg, France

Prof. Dr. Kent Doi

Department of Emergency and Critical Care Medicine, The University of  
Tokyo, Tokyo, Japan

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

#### Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 18.5 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the second half of 2025).