

Special Issue

Sports Injuries: Recent Advances in Prevention and Rehabilitation

Message from the Guest Editor

Sports injuries are commonly caused by overuse, direct impact or the application of force that is greater than the body part can structurally withstand. Sports injuries can occur throughout your body: bones, muscles, tendons, ligaments and other structures. Due to the frequent occurrence of sports injuries, the prevention and rehabilitation treatment of sports injuries is very important. Prevention helps reduce potential sports injuries and includes primary, secondary and tertiary injuries. The ultimate goal of the rehabilitation process is to limit the extent of the injury and reduce or reverse the impairment and functional loss. This Special Issue aims to combine the latest research in the fields including, but not limited to, sports injury prevention and treatment, musculoskeletal disorders, sports injury rehabilitation, physical rehabilitation, exercise science and sports science. We look forward to pushing forward the clinical, translational and basic research of these promising new treatment method technologies.

Guest Editor

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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