

Special Issue

Pediatric Obesity: Causes, Prevention and Treatment

Message from the Guest Editor

The science of childhood obesity has come a long way in recent years. In this Special Issue of the *Journal of Clinical Medicine*, I would like to take a pause to summarize what we have learned so far and to look to the future of our medical management and treatment of this chronic disease, for which we now have exciting evidence-based pharmacologic and surgical options. To that end, in this Special Issue, we will attempt to present the genetic roots from conception to the expression of the disease through the different stages of the child's growth. In addition, we plan to look at the mental health factors that are recognized as determinants of disease expression in each young person's environment. This is a big challenge, but we have a duty to condense and share our knowledge at this stage in the hope of creating healthier populations, a healthier workforce, a better quality of life for our patients, and a reduction in the rapidly growing number of non-communicable diseases among young people. I hope you will join us in this exciting challenge.

Guest Editor

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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