Special Issue

Pediatric Obesity: Causes, Prevention and Treatment

Message from the Guest Editor

The science of childhood obesity has come a long way in recent years. In this Special Issue of the Journal of Clinical Medicine, I would like to take a pause to summarize what we have learned so far and to look to the future of our medical management and treatment of this chronic disease, for which we now have exciting evidence-based pharmacologic and surgical options. To that end, in this Special Issue, we will attempt to present the genetic roots from conception to the expression of the disease through the different stages of the child's growth. In addition, we plan to look at the mental health factors that are recognized as determinants of disease expression in each young person's environment. This is a big challenge, but we have a duty to condense and share our knowledge at this stage in the hope of creating healthier populations, a healthier workforce, a better quality of life for our patients, and a reduction in the rapidly growing number of non-communicable diseases among young people. I hope you will join us in this exciting challenge.

Guest Editor

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