

Special Issue

Low Back Pain Management: Clinical Advances and Perspectives

Message from the Guest Editor

Low back pain (LBP) is a worldwide public health concern, carrying the greatest disability burden globally, both in terms of disability-adjusted life years and years lived with disability. To date, however, while promising multi-dimensional risk stratification tools and biopsychosocial models exist, they have been poorly integrated or tested in clinical trials. Furthermore, while altered paraspinal muscle composition is a key finding in chronic LBP, the effect of exercise therapy on paraspinal muscle morphology and function remains poorly understood. With these points in mind, the *Journal of Clinical Medicine* is launching this Special Issue to update many clinical advances and perspectives for the treatment of LBP. A number of topics will be considered: epidemiological data, prevention, exercise and therapeutic treatment approaches and paraspinal muscle health. We warmly invite you to submit articles reporting on the evidence and expectations from targeted therapeutic interventions, with a special focus on individualized approaches. Manuscripts may differ from literature reviews to original research (e.g., clinical trials, cohort studies, case control studies).

Guest Editor

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Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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