

## Special Issue

# The Role of Cardiac Rehabilitation After Myocardial Infarction, Coronary Artery Bypass Surgery, and in Other Cardiac Diseases

### Message from the Guest Editor

Despite its proven benefits, cardiac rehabilitation remains underutilized, largely because many patients are unaware of it, and because healthcare professionals often lack the knowledge, expertise, interest, or resources to promote and implement it effectively within hospital settings. Our Special Issue aims to compile a diverse array of original research papers, meta-analyses, and comprehensive reviews that delve into the beneficial impacts of cardiac rehabilitation for patients recovering from myocardial infarction. We seek to highlight studies demonstrating improvements in functional recovery, quality of life, and long-term cardiovascular health. By addressing both clinical and molecular perspectives, this Special Issue aims to provide a holistic view of cardiac rehabilitation's role in myocardial infarction recovery, as well as to identify potential avenues for optimizing and personalizing rehabilitation protocols for enhanced patient outcomes.

### Guest Editor

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### Deadline for manuscript submissions

10 December 2026



## Journal of Clinical Medicine

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an Open Access Journal  
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Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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