

Special Issue

Clinical Updates of Physical Therapy in Rehabilitation

Message from the Guest Editor

Physical therapy has become an essential component of modern healthcare, particularly in the context of rehabilitation. As populations age and chronic diseases become more prevalent, the demand for effective, evidence-based physical therapy interventions continues to rise. Rehabilitation currently encompasses a broad spectrum of patient needs, ranging from a plethora of health issues, such as neurological recovery and orthopedic management, to cardiopulmonary and post-COVID-19 rehabilitation. With this shift, physical therapists must stay up-to-date with clinical research, technological innovations, and interdisciplinary approaches to deliver optimal care. This Special Issue will explore a wide array of topics, including, but not limited to, neurorehabilitation, musculoskeletal and orthopedic therapy, chronic pain management, sports medicine, and the rehabilitation of complex medical conditions. Special emphasis will be placed on emerging tools such as virtual reality, robotic-assisted therapy, artificial intelligence, and other digital technologies that are reshaping how rehabilitation services are delivered.

Guest Editor

Dr. Sofia Xergia

Physiotherapy Department, School of Health Rehabilitation Sciences,
University of Patras, 26504 Patras, Greece

Deadline for manuscript submissions

20 May 2026



Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



mdpi.com/si/253646

Journal of Clinical Medicine
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jcm@mdpi.com

mdpi.com/journal/

jcm





Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



[mdpi.com/journal/
jcm](https://mdpi.com/journal/jcm)



About the Journal

Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

Editors-in-Chief

Prof. Dr. Emmanuel Andr  s

Internal Medicine Department, University Hospital Strasbourg, 67000
Strasbourg, France

Prof. Dr. Kent Doi

Department of Acute Care Medicine, University of Tokyo, Tokyo, Japan

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).