

Special Issue

Clinical Diagnosis and Treatment/Management of Sleep Bruxism

Message from the Guest Editor

This special issue is dedicated to the clinical diagnosis and treatment of sleep bruxism. Although numerous studies have contributed to a differentiated view of sleep bruxism, nowadays being considered rather as a behavior than as an independent disorder, several issues remain to be addressed. For instance, considering the multifactorial nature of the genesis of sleep bruxism, it is desirable to further increase the knowledge of factors modulating the magnitude of this activity. This may also include alternative approaches, such as the consideration of psychosomatic aspects in the assessment and management of sleep bruxism activity. Moreover, investigating the possible conditions that promote the shift from a parafunctional activity into a manifest painful temporomandibular disorder represents another field of ongoing interest. A further aspect focuses on prevention. Especially, the early recognition of original sleep bruxism activity prior to the occurrence of its secondary damages, such as generalized tooth attrition, would bridge the gap toward preventive dentistry. Possible new aspects or calculations in the polysomnographic assessment of sleep bruxism may also be valuable.

Guest Editor

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