

Special Issue

Heart Failure: Treatment and Clinical Perspectives

Message from the Guest Editors

Heart failure (HF) remains a leading cause of morbidity and mortality worldwide, representing a complex clinical syndrome with heterogeneous phenotypes, trajectories, and responses to therapy. Despite significant advances in pharmacological and non-pharmacological management, HF continues to pose major challenges for healthcare systems—both in terms of clinical outcomes and healthcare resource utilization. In recent years, novel diagnostic tools, including advanced cardiac imaging, biomarkers, and cardiopulmonary exercise testing (CPET), have improved our ability to phenotype HF patients more precisely and to tailor therapies accordingly. Of particular interest is the integration of CPET with stress echocardiography (CPET-TTE), which offers a comprehensive, dynamic assessment of central and peripheral determinants of exercise intolerance. This combined approach is emerging as a powerful tool to refine risk stratification, distinguish between cardiac and extracardiac limitations, and guide the selection of optimal therapeutic strategies in both HF with reduced and preserved ejection fraction. We aim to capture cutting-edge research and clinical perspectives on the treatment of HF.

Guest Editors

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