

Special Issue

Advances in Aging and Obstructive Sleep Apnea

Message from the Guest Editors

Obstructive sleep apnea is a very prevalent disease that affects millions of people of all ages. It is known to be much more frequent in men than in women, and women start to show signs of OSA in the perimenopausal stage, linked to hormonal changes. It would be interesting to have a special issue reflecting how sleep apnea evolves according to age, with targeted information showing if it is developed in childhood or a disorder that begins in adulthood. Furthermore, we aim to explore whether there is a need to redefine the pathophysiology of OSA according to age. With an aging population, more information is needed on the specific traits of OSA in the elderly population and what steps should be taken to treat OSA.

Guest Editors

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