

Special Issue

Periodontitis and Systemic Health: Exploring the Oral-Systemic Connection

Message from the Guest Editors

Periodontitis, once considered a localized oral inflammatory condition, is now recognized for its broader impact on systemic health. Mounting evidence supports an oral-systemic connection, linking periodontal inflammation and microbial spread to chronic conditions such as cardiovascular disease, diabetes, and adverse pregnancy outcomes. Emerging data also suggest associations with Alzheimer's disease, obesity, autoimmune disorders, respiratory diseases, cancer, and chronic kidney disease. These findings highlight the need for interdisciplinary collaboration between dental and medical professionals to ensure early diagnosis and effective management of periodontitis, especially in patients with systemic risk factors. Preventive care and regular periodontal maintenance may help reduce systemic disease burden. This Special Issue aims to showcase current research exploring the oral-systemic connection, with a focus on clinical relevance, mechanisms of disease, and integrated strategies to improve patient outcomes.

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