

## Special Issue

# Sleep in Neurology—Sleep Disorders and Dysfunction of the Nervous System

### Message from the Guest Editor

Sleep is a complex physiological status of the whole body resulting from sophisticated interplay between various parts of brain. Therefore, sleep disorders should be interpreted as brain disorders. Growth of knowledge on the impact of sleep disorders on brain health and of brain disorders on sleep health is exponential. Disruption of the sleep–wake cycle leads to severe complications of functioning of brain structures manifesting with presence or exacerbation of neurological symptoms. Simultaneously, disordered sleep interferes with function of other physiologic systems, e.g., resulting in cardiovascular or metabolic problems. Sleep medicine becomes a study of multiple vicious circles of medical conditions leading to disturbed sleep leading to worsening of the medical condition. I kindly invite all scientific teams working in the field of sleep medicine with an interdisciplinary approach to submit their original and review papers focusing on the role of sleep disorders in neurology and on the impact of neurologic diseases on quality of sleep.

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### Guest Editor

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### Deadline for manuscript submissions

closed (20 March 2026)



## Journal of Clinical Medicine

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