

Special Issue

Mood Disorders: Diagnosis, Management and Future Opportunities

Message from the Guest Editor

Over the last decade, the World Health Organization has reported a 13% increase in mental health problems, primarily mood disorders in adolescents and young adults, increasing suicidal thoughts and other suicide-related outcomes. In parallel, there have been important advances in the pharmacology, psychotherapy and neurobiology of mood disorders, improving their diagnosis and treatment. New perspectives take into account sex differences, comorbidity, risk and protective factors, the transdiagnostic approach, the effects of digital media, and even genomic and epigenetic changes. This Special Issue aims to expand the information on advances in the diagnosis and treatment of mood disorders, with a special interest in the most recent perspectives. The topics of interest for publication include, among others, advances in diagnosis and clinical tools, as well as the treatment of these disorders from an integrative, biopsychosocial perspective.

Guest Editor

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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