

## Special Issue

# Innovative Systemic Treatments for Atopic Dermatitis

### Message from the Guest Editor

Atopic dermatitis (AD) is a chronic, relapsing inflammatory skin disease that significantly impacts patients' quality of life and healthcare systems worldwide. Despite its high prevalence and growing therapeutic options, challenges remain in translating advancements in treatment into real-world settings, where diverse patient populations, comorbidities, and variable adherence are critical issues. Recent breakthroughs in the immunopathogenesis of AD have led to the development of targeted therapies, such as monoclonal antibodies (e.g., dupilumab and lebrikizumab) and JAK inhibitors (e.g., upadacitinib and abrocitinib), showing remarkable efficacy in phase-III clinical trials. However, real-world data on these innovative treatments are essential to bridge the gap between controlled clinical environments and everyday clinical practice. This Special Issue will highlight the growing importance of real-world evidence in atopic dermatitis care. We welcome original articles and reviews and aim to provide clinicians and researchers with practical guidance for optimizing AD management and improving outcomes in diverse patient populations.

### Guest Editor

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