

Special Issue

Insights and Innovations in Sports Cardiology

Message from the Guest Editor

Sports cardiology is a dynamic and rapidly evolving field that bridges cardiovascular medicine and athletic performance. With growing participation in recreational and competitive sports across all ages, there is an increasing need to optimize cardiovascular health, manage inherited and acquired heart diseases, and provide safe return-to-play strategies. Innovations in diagnostic imaging, mobile health technologies, personalized exercise prescriptions, and preventive cardiology are transforming the landscape. Furthermore, the focus is expanding toward cardiac rehabilitation in athletes and differentiation of athlete's heart from pathology. This Special Issue will explore the latest advancements and future directions in sports cardiology through original research, reviews, and clinical insights. Our goal is to enhance understanding, promote individualized care, and inspire innovation at the intersection of cardiovascular science, pediatric health, and sports medicine.

Guest Editor

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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