

Special Issue

Breaking Barriers in Respiratory Conditions: From Clinical Pathophysiology to Treatment Across the Spectrum of Severity

Message from the Guest Editor

Respiratory conditions—including chronic obstructive pulmonary disease (COPD), asthma, interstitial lung diseases, and pulmonary hypertension—remain among the leading causes of morbidity and mortality worldwide. Advances in the understanding of their complex pathophysiology have paved the way for more precise diagnostics and targeted therapies, improving outcomes across a wide range of patient populations. This Special Issue, “Breaking Barriers in Respiratory Conditions: From Clinical Pathophysiology to Treatment Across the Spectrum of Severity,” aims to showcase recent clinical and translational research addressing mechanisms such as airway inflammation, remodeling, and immune dysregulation, as well as novel therapeutic strategies. These include, but are not limited to, exercise-based and physical activity interventions. We welcome original research articles, clinical trials, and comprehensive reviews that reflect the evolving landscape of respiratory condition management, from outpatient care to intensive care settings.

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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