## Special Issue

## Neck Pain: Advancements in Assessment and Contemporary Management

## Message from the Guest Editor

Neck pain is a complex and prevalent issue, significantly affecting the quality of life of millions of individuals. Rapid progress is being made in the field of neck pain, leading to improvements in the clinical assessment and management of patients. Advancements in our understanding of the pathophysiological mechanisms underlying various neck pain phenotypes have broadened our scope for clinical assessments, moving beyond traditional diagnostic methods such as imaging and physical examination. Contemporary management approaches have evolved to encompass a multidisciplinary model that recognises the importance of the biopsychosocial aspects of neck pain. Treatments, including physical therapy, pain management interventions, and pharmacological management. Additionally, non-pharmacological interventions, such as psychologically informed therapy, have gained prominence in addressing the psychosocial aspects of neck pain. In this Special Issue, we invite authors to contribute research papers highlighting the latest advancements in neck pain assessment and contemporary management.

### **Guest Editor**

Dr. Rutger De Zoete

School of Allied Health Science and Practice, The University of Adelaide, Adelaide, SA, Australia

## Deadline for manuscript submissions

closed (30 April 2025)



# Journal of Clinical Medicine

an Open Access Journal by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



#### mdpi.com/si/184645

Journal of Clinical Medicine Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 jcm@mdpi.com

mdpi.com/journal/

jcm





# Journal of Clinical Medicine

an Open Access Journal by MDPI

Impact Factor 2.9 CiteScore 5.2 Indexed in PubMed





## About the Journal

## Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine*'s (*JCM*) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

## **Editors-in-Chief**

Prof. Dr. Emmanuel Andrès

Internal Medicine Department, University Hospital Strasbourg, 67000 Strasbourg, France

Prof. Dr. Kent Doi

Department of Acute Care Medicine, University of Tokyo, Tokyo, Japan

#### **Author Benefits**

## **High Visibility:**

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

### **Journal Rank:**

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

## **Rapid Publication:**

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).