Special Issue

Neck Pain: Advancements in Assessment and Contemporary Management

Message from the Guest Editor

Neck pain is a complex and prevalent issue, significantly affecting the quality of life of millions of individuals. Rapid progress is being made in the field of neck pain, leading to improvements in the clinical assessment and management of patients. Advancements in our understanding of the pathophysiological mechanisms underlying various neck pain phenotypes have broadened our scope for clinical assessments, moving beyond traditional diagnostic methods such as imaging and physical examination. Contemporary management approaches have evolved to encompass a multidisciplinary model that recognises the importance of the biopsychosocial aspects of neck pain. Treatments, including physical therapy, pain management interventions, and pharmacological management. Additionally, non-pharmacological interventions, such as psychologically informed therapy, have gained prominence in addressing the psychosocial aspects of neck pain. In this Special Issue, we invite authors to contribute research papers highlighting the latest advancements in neck pain assessment and contemporary management.

Guest Editor

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