

## Special Issue

# Integrated Clinical Approaches to Managing Multimorbidity and Multiple Disabilities: Advances in Rehabilitation and Therapeutic Strategies

### Message from the Guest Editor

With the global aging of the population, the number of individuals experiencing multiple disabilities, also known as multimorbidity and multiple disabilities (MMD), is on the rise. MMD refers to the coexistence of two or more disabilities. However, there is a lack of sufficient scientific evidence regarding the treatment of MMD patients, and existing clinical guidelines for individual conditions do not fully address the complexities of MMD. In light of this, this Special Issue will explore advancements in the rehabilitation of individuals with MMD. Effective responses to MMD require not only appropriate services tailored to each specific disability but also a holistic approach that considers the interplay between multiple coexisting disabilities. Additionally, to meet the rehabilitation needs of those with MMD, it is essential that we optimize human resources and establish a strong scientific foundation. We are inviting innovative research articles and comprehensive reviews in the field of clinical rehabilitation to help establish a promising model in this emerging area of rehabilitation.

### Guest Editor

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## Journal of Clinical Medicine

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