

Special Issue

Sports Cardiology: Current Clinical Status and Outlook into the Future

Message from the Guest Editors

In recent years, the field of sports cardiology has flourished with the increasing recognition of specific nuanced cardiovascular care that athletes require. Recent high-profile cases of famous athletes who have experienced sudden cardiac arrest with a subsequent safe return to competitive sports has brought sports cardiology to the forefront. Over the past decade, there has more focus on the safety of vigorous exercise for athletes with a variety of genetic cardiomyopathies, improvements in cardiac imaging to help further differentiate athletic remodeling vs. pathophysiology, and an increase in specific exercise prescription therapy using cardiopulmonary exercise tests. Across the world, sports cardiologists are establishing dedicated sports cardiology programs to take care of athletes of all ages and skill levels. While great advancements have been made, many unanswered questions remain and further work is required. Controversies exist regarding the utility of ECG screening and the management of endurance athletes with coronary artery calcifications. Further research is needed to investigate disparities in sudden cardiac death.

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Deadline for manuscript submissions

10 August 2026



Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



mdpi.com/si/261478

Journal of Clinical Medicine
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