Special Issue

Advances in Rhinosinusitis and Nasal Polyposis: From Emerging Trends and Therapeutic Opportunities to Surgery

Message from the Guest Editors

Chronic rhinosinusitis with nasal polyps (CRSwNP) is an inflammatory condition, the most prevalent symptoms of which include nasal obstruction, nasal and postnasal discharge, an abnormal sense of smell, and facial pain. In those patients whose symptoms cannot be clinically controlled with appropriate medical therapy, endoscopic sinus surgery (ESS) provides a beneficial alternative treatment. The analysis of different aspects of the appearance of nasal polyps—at both cellular and molecular levels-in addition to different surgical approaches and the outcomes associated with new treatments (monoclonal antibodies) in the context of precision medicine, constitute the current and future routes of study in this field. Particular attention should be paid to anatomical variations in the nose and paranasal sinuses, which must be identified radiologically and which could influence the long-term results of biological therapy. If present, surgical treatment may be necessary.

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