

Special Issue

Chronic Kidney Disease Management: Integrating Pharmacotherapy, Biomarkers, and Lifestyle Interventions for Improved Outcomes

Message from the Guest Editor

This Special Issue explores innovative strategies for CKD management. We welcome submissions focusing on, but not limited to, the following topics:

- Novel biomarkers for risk stratification in kidney disease progression and cardiovascular complications.
- Dietary interventions and their impact on long-term CKD outcomes.
- Physical activity recommendations and the comparative efficacy of different exercise regimens in CKD patients.
- Efficacy and safety of emerging pharmacological therapies, such as SGLT2 inhibitors, GLP-1 receptor agonists, and non-steroidal mineralocorticoid receptor antagonists.
- Management of metabolic risk factors and complications, including obesity, diabetes mellitus, and dyslipidemia.
- Addressing disparities in CKD care, including strategies to promote equitable access to novel treatments, dialysis modalities, and kidney transplantation.

Submissions that bridge these domains and propose integrative, patient-centered strategies are particularly encouraged. We look forward to receiving your contributions to this important discussion and to shaping the future of CKD management together.

Guest Editor

Dr. Ioannis Bellos

1. Department of Hygiene, Epidemiology and Medical Statistics, Medical School, National and Kapodistrian University of Athens, 75, Mikras Asias Str., 115 27 Athens, Greece
2. Department of Nephrology and Renal Transplantation, Laiko General Hospital, Medical School, National and Kapodistrian University of Athens, 75, Mikras Asias Str., 115 27 Athens, Greece

Deadline for manuscript submissions

15 October 2025



Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



mdpi.com/si/228348

Journal of Clinical Medicine
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jcm@mdpi.com

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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