

## Special Issue

# Clinical Perspectives on Diagnosis and Treatment of Thyroid Diseases

### Message from the Guest Editors

Thyroid diseases arise due to imbalances in thyroid hormone production, leading to either overactive (hyperthyroidism) or underactive (hypothyroidism) thyroid function. Hyperthyroidism results from excessive production of thyroid hormones, leading to symptoms such as weight loss, rapid heartbeat, and anxiety. On the other hand, hypothyroidism occurs when the thyroid gland fails to produce enough hormones, causing fatigue, weight gain, and depression. Other thyroid disorders include thyroid nodules, goiter, and thyroid cancer. Diagnosis of thyroid diseases involves a combination of medical history, physical examination, blood tests, and imaging techniques such as ultrasound or thyroid scans. Regular monitoring, adherence to prescribed medication, and lifestyle modifications are essential for long-term management. This issue aims to collect clinical, experimental, and review studies that improve knowledge in the field of thyroid diseases. We look forward to receiving your contributions to this Special Issue.

### Guest Editors

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### Deadline for manuscript submissions

closed (30 May 2024)



## Journal of Clinical Medicine

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Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



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*Journal of Clinical Medicine*  
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