

## Special Issue

# Updates on Cardiovascular Drug Therapy

### Message from the Guest Editor

There has been a significant development in the treatment of cardiovascular diseases, including the pharmacological approach in recent years, this evolution has been in the development of medicines with already known active principles but with the intention of greater efficacy and safety, but also in the identification of new approaches. The objective has been to control diseases by reducing morbidity and death and improving quality of life. With the introduction of new concepts, ACE inhibitors and thrombolytics in the 1980s, and more recently, gliflozins, it is becoming possible to improve survival and reduce complications. On the prevention side, the introduction of statins has also brought a new era. However, survival, although improved is still menaced, and problems persist, some of them growing obesity among others This Special Issue of the *Journal of Clinical Medicine* will cover but is not limited to the following important aspects

- New approaches to cardiovascular disease drug therapy
- New targets fo cardiovascular drug therapy
- Increasing survival
- Reducing disease impact

---

### Guest Editor

Prof. Dr. Miguel Castelo-Branco Sousa

Centro Academico Clinico das Beiras, Centro Hospitalar Universitario Cova da Beira, Faculdade de Ciências da Saúde, Universidade da Beira Interior, Covilhã, Portugal

---

### Deadline for manuscript submissions

closed (25 May 2023)



## Journal of Clinical Medicine

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/si/129583](https://mdpi.com/si/129583)

*Journal of Clinical Medicine*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[jcm@mdpi.com](mailto:jcm@mdpi.com)

[mdpi.com/journal/](https://mdpi.com/journal/)

[jcm](https://jcm)





# Journal of Clinical Medicine

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/journal/](https://mdpi.com/journal/)

[jcm](https://jcm.mdpi.com/)



## About the Journal

### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

---

### Editors-in-Chief

Prof. Dr. Emmanuel Andrès

Internal Medicine Department, University Hospital Strasbourg, 67081  
Strasbourg, France

Prof. Dr. Kent Doi

Department of Emergency and Critical Care Medicine, The University of  
Tokyo, Tokyo, Japan

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

#### Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 18.5 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the second half of 2025).