

Special Issue

Advances in Posttraumatic Stress Disorder (PTSD): Clinical Update

Message from the Guest Editors

Although posttraumatic stress disorder (PTSD) is categorized primarily as a mental health disorder, emerging evidence suggests that PTSD is a systemic illness that affects the whole body–mind. Novel and innovative clinical therapies for PTSD, such as stellate ganglion block, transcranial magnetic stimulation, psychedelic-assisted psychotherapy, and others, have targeted the neurobiological dysregulations and dysfunctions of the neurocircuitry, autonomic nervous system, hypothalamic–pituitary axis, and inflammatory and autoimmune systems. In this Special Issue, we examine the theory, science, and effectiveness and safety of novel mind–body interventions to decrease the symptoms, improve quality of life, and alleviate suffering for those with PTSD. We are looking forward to your contributions to this Special Issue.

Guest Editors

Prof. Dr. An-Fu Hsiao

1. Tibor Rubin VA Medical Center, Physical Medicine and Rehabilitation Healthcare Group, Long Beach, CA, USA
2. Department of Medicine, Health Policy Research Institute and General Internal Medicine, University of California, Irvine, CA, USA

Dr. Michael Hollifield

1. Tibor Rubin VA Medical Center, Mental Healthcare Group, Long Beach, CA, USA
2. Department of Psychiatry and Behavioral Sciences, George Washington School of Medicine & Health Sciences, Washington, DC, USA

Deadline for manuscript submissions

20 February 2026



Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



mdpi.com/si/244240

Journal of Clinical Medicine
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jcm@mdpi.com

mdpi.com/journal/

jcm





Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



[mdpi.com/journal/](https://mdpi.com/journal/jcm)

[jcm](https://mdpi.com/journal/jcm)



About the Journal

Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

Editors-in-Chief

Prof. Dr. Emmanuel Andr  s

Internal Medicine Department, University Hospital Strasbourg, 67000
Strasbourg, France

Prof. Dr. Kent Doi

Department of Acute Care Medicine, University of Tokyo, Tokyo, Japan

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1
(General Medicine)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).