

## Special Issue

# Advances in Posttraumatic Stress Disorder (PTSD): Clinical Update

### Message from the Guest Editors

Although posttraumatic stress disorder (PTSD) is categorized primarily as a mental health disorder, emerging evidence suggests that PTSD is a systemic illness that affects the whole body–mind. Novel and innovative clinical therapies for PTSD, such as stellate ganglion block, transcranial magnetic stimulation, psychedelic-assisted psychotherapy, and others, have targeted the neurobiological dysregulations and dysfunctions of the neurocircuitry, autonomic nervous system, hypothalamic–pituitary axis, and inflammatory and autoimmune systems. In this Special Issue, we examine the theory, science, and effectiveness and safety of novel mind–body interventions to decrease the symptoms, improve quality of life, and alleviate suffering for those with PTSD. We are looking forward to your contributions to this Special Issue.

### Guest Editors

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### Deadline for manuscript submissions

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