

## Special Issue

# Clinical Challenges in Obstetrics and Gynecology: Interactions Between Gynecological and Obstetric Disorders, Quality of Life, and Mental Health in Women

### Message from the Guest Editors

This Special Issue of the *Journal of Clinical Medicine* focuses on the complex interactions between gynecological and obstetric disorders, and their profound impact on the quality of life and mental health in women. Despite advancements in clinical care, significant challenges remain in understanding and managing the bidirectional relationship between physical health and psychological well-being in these patients. This Special Issue aims to address core problems such as the lack of comprehensive research on how these disorders influence mental health, and vice versa, as well as the implications for patient care. The scope of this Special Issue includes original research, reviews, and clinical studies. Contributions that investigate innovative approaches to diagnosis, treatment, and patient support are particularly encouraged, either in obstetrics, regarding perinatal mental health, or in gynecology, including sexual disorders. Through this Special Issue, we seek to mobilize the scientific community to enhance our understanding of these critical interactions, ultimately improving patient outcomes and quality of life.

### Guest Editors

Prof. Dr. Ernesto González-Mesa

1. Obstetrics and Gynecology Area, Surgical Specialties, Biochemistry and Immunology Department, School of Medicine, University of Malaga, Malaga, Spain
2. Maternal-Fetal Medicine, Epigenetics, Women's Diseases and Reproductive Health Research Group, Biomedical Research Institute of Malaga and Nanomedicine Platform-IBIMA BIONAND Platform, Malaga, Spain
3. Department of Obstetrics and Gynecology, Regional University Hospital of Malaga, 29001 Malaga, Spain

Prof. Dr. Daniel María Lubián López

1. Obstetric and Gynecology Department, Cádiz University, Cádiz, Spain
2. Department of Obstetrics and Gynecology, Viamed Bahía de Cádiz Hospital, 11130 Cádiz, Spain



## Journal of Clinical Medicine

an Open Access Journal  
by MDPI

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/si/216301](https://mdpi.com/si/216301)

*Journal of Clinical Medicine*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[jcm@mdpi.com](mailto:jcm@mdpi.com)

[mdpi.com/journal/](https://mdpi.com/journal/)

[jcm](https://jcm)





# Journal of Clinical Medicine

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/journal/  
jcm](https://mdpi.com/journal/jcm)



## About the Journal

### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

---

### Editors-in-Chief

Prof. Dr. Emmanuel Andr s

Internal Medicine Department, University Hospital Strasbourg, 67000  
Strasbourg, France

Prof. Dr. Kent Doi

Department of Acute Care Medicine, University of Tokyo, Tokyo, Japan

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

#### Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).