

Special Issue

Innovations in Elbow and Shoulder Surgery: Techniques, Outcomes, and Rehabilitation

Message from the Guest Editor

Advances in elbow and shoulder surgery are transforming clinical practice, offering more precise, less invasive, and increasingly effective treatments for traumatic, degenerative, infectious, and sports-related conditions. Innovations in arthroscopy, implant design, soft-tissue reconstruction, and perioperative care have improved outcomes and accelerated recovery. At the same time, enhanced imaging, biomechanical insights, and patient-specific planning allow for more accurate diagnosis and individualized treatment. This Special Issue focuses on current trends and emerging techniques in elbow and shoulder surgery, emphasizing clinical outcomes, postoperative infection prevention and management, and evidence-based rehabilitation. Topics include advances in arthroscopy, ligament and tendon repair, joint preservation, prosthetic solutions, surgical treatment of infections, postoperative protocols, and long-term functional results. Through original research and expert reviews, this collection aims to promote ongoing innovation, strengthen multidisciplinary collaboration, and elevate patient care in upper-extremity surgery and rehabilitation.

Guest Editor

Dr. Andrea Celli

Shoulder and Elbow Unit, Department of Orthopaedic and Traumatology Surgery, Hesperia Hospital, 41124 Modena, Italy

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Journal of Clinical Medicine
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jcm@mdpi.com

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