

Special Issue

Postpartum Depression: What Happened to My Wife?

Message from the Guest Editors

Postpartum depression (PPD) is a complex and often underestimated condition that impacts not only mothers but also their partners and intimate relationships. This Special Issue aims to explore the multidimensional consequences of PPD - on maternal mental health, on the partner's emotional well-being, and on the dynamics of the couple.

The title, "What Happened to My Wife?", highlights the frequently overlooked perspective of partners while inviting broader reflections on how PPD reshapes identities, emotional connections, and family systems. Particular attention will be given to the impact on conjugal relationships and to the interplay between individual and relational suffering.

We welcome interdisciplinary contributions that examine the psychological, relational, and systemic aspects of postpartum depression – including clinical studies, qualitative research, and theoretical or conceptual papers. By encouraging diverse methodological and disciplinary approaches, this Special Issue seeks to foster a more comprehensive understanding of postpartum depression and to inform more inclusive and responsive practices in mental health care.

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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