

## Special Issue

# Novel Insights into Clinical Diagnosis and Management of Degenerative Cervical Myelopathy

### Message from the Guest Editors

This Special Issue aims to publish high-quality research articles and reviews that advance our understanding of the diagnosis and management of DCM. The focus will be on novel insights and innovative approaches that improve patient outcomes. In this Special Issue, we welcome original research articles and reviews.

#### - Novel diagnostic approaches:

- Advanced imaging techniques (e.g., high-resolution MRI, diffusion tensor imaging, and dynamic MRI);
- Biomarkers for early detection and disease progression;
- Clinical prediction rules for improved diagnostic accuracy.

#### - Surgical interventions:

- Minimally invasive surgical techniques;
- Novel instrumentation and technologies;
- Post-operative rehabilitation strategies.

#### - Non-surgical management:

- Medical management (e.g., pain management, medications);
- Physical therapy and rehabilitation interventions;
- Complementary and alternative therapies.

#### - Epidemiology, classification, and clinical outcomes:

- Long-term outcomes of surgical and non-surgical interventions;
- Quality of life assessment in patients with DCM;

### Guest Editors

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Dr. Francesco Costa

Dr. Filippo Maria Polli

### Deadline for manuscript submissions

30 October 2025



## Journal of Clinical Medicine

an Open Access Journal  
by MDPI

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## About the Journal

### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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### Editors-in-Chief

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#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

#### Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).