

Special Issue

Advances in the Prevention, Management, and Rehabilitation of Sports Injuries

Message from the Guest Editor

This Special Issue will explore cutting-edge advancements in preventing, managing, and rehabilitating sports injuries. Topics will range from innovative injury prevention strategies, like anatomical structures, biomechanics, and training methodologies, to the latest physical assessments, such as ultrasonographic imaging techniques. This Special Issue will also explore novel rehabilitation approaches, including personalized rehabilitation plans and technology-assisted therapies. We aim to provide a comprehensive overview of how sports medicine is evolving to enhance athletic performance, reduce injury occurrence, facilitate quicker and more accurate assessments, and optimize rehabilitation outcomes, ultimately promoting long-term athletic health and well-being.

Guest Editor

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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