

Special Issue

Optimizing Rehabilitation in Kidney Disease

Message from the Guest Editors

Chronic kidney disease (CKD) is an emerging global health problem with the rise of an aging patient population living with frailty. The concept of renal rehabilitation, which includes measures such as exercise intervention and nutrition programs for patients living with CKD, is now gradually being popularized in an increasing number of renal services. Renal rehabilitation may involve home-based therapies as well as hospital-based rehabilitation. A multidisciplinary team program could be led by nephrologists, rehabilitation specialists, dietitians, nursing specialists, pharmacists, and physiotherapists; there are concerted efforts now to find solutions in optimizing renal rehabilitation care strategies for CKD patients, including individuals reaching end-stage kidney disease receiving dialysis or those who had a kidney transplantation. We present a Special Issue that provides a collection of original research studies and review articles by experts in relation to this topic.

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