

Special Issue

Effects of Physical Activity on Chronic Disease

Message from the Guest Editors

Decreased physical activity is an important risk factor for poor mortality in the general population and in patients with several chronic diseases. Increased physical activity and decreased sedentary behavior could have a positive effect on health and disease progression in patients with diabetes mellitus, hypertension, cardiovascular disease, chronic obstructive pulmonary disease, or mental disorders, among others. However, there are still several uncertainties. This Special Issue aims to clarify the characteristics of physical activity and sedentary behavior in various chronic diseases and to know what interventions may improve physical activity more effectively. We invite researchers to present articles on the advances in research on physical activity and sedentary behavior in chronic diseases from the perspective of measurement, characteristics, intervention, associated factors, and mechanisms. We are particularly interested in articles evaluating the effects of intervention on physical activity or sedentary behavior in different chronic diseases. Original articles, reviews and short communications are welcome.

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Deadline for manuscript submissions

closed (20 November 2023)



Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



mdpi.com/si/127971

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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