

## Special Issue

# Novel Therapeutic Targets with Inflammatory Bowel Diseases

### Message from the Guest Editors

Inflammatory bowel diseases (IBD), including Crohn's disease and ulcerative colitis, are chronic conditions with a significant impact on patients' quality of life. Despite advances in understanding the pathophysiology of IBD, current treatments often lack long-term efficacy. This Special Issue aims to identify and explore innovative therapeutic targets that can overcome these challenges, focusing on immune dysregulation, gut microbiome interactions, genetic predisposition and environmental triggers. It also focuses on prognostic models for evaluating current treatments, the role of molecular endoscopy in predicting IBD progression and tailoring therapy, novel anti-fibrotic agents, and studies promoting personalised treatment approaches for IBD patients. In this Special Issue, we invite researchers and clinicians to submit original research articles, reviews and systematic reviews that address these areas and advance the development of novel therapeutic targets in IBD. Through this collaboration, we aim to promote novel treatment and therapeutic strategies that improve long-term outcomes and quality of life for patients.

### Guest Editors

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### Deadline for manuscript submissions

31 August 2025



## Journal of Clinical Medicine

an Open Access Journal  
by MDPI

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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