

Special Issue

Rehabilitation and Management of Frailty, Sarcopenia and Malnutrition

Message from the Guest Editor

The prevalence of sarcopenia, frailty, and malnutrition is increasing with the growing number of older adults. Sarcopenia, frailty, and malnutrition are associated with functional impairment, physical disability, and handicap. They are often comorbid, and their synergistic effects can lead to worsening clinical outcomes. Management, including rehabilitation, is critical for older patients with sarcopenia, frailty, and malnutrition. Rehabilitation and nutritional care have the potential to improve physical function, activities of daily living, and quality of life in these older adults. Further research is required on better assessment methods for malnutrition, sarcopenia, and frailty, as well as management methods, including appropriate rehabilitation and nutritional support. The aim of this Special Issue is to update the knowledge on the management and rehabilitation of frailty, sarcopenia and malnutrition. We invite the submission of clinical research, epidemiological research, and up-to-date reviews (scoping and systematic reviews, as well as well-written narrative reviews).

Guest Editor

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