

Special Issue

Sleep Disorders: Current Research and Future Directions

Message from the Guest Editor

Sleep disorders, including sleep-related breathing disorders, insomnia, narcolepsy, REM behavior disorder, and restless legs syndrome, significantly impact public health and quality of life of many people. This Special Issue aims to consolidate cutting-edge research on sleep disorders, providing a comprehensive overview of present findings and identifying future research directions. Contributions that explore the interdisciplinary aspects of sleep research, such as the interaction between neurological, psychological, and environmental factors, are also highly encouraged. We invite researchers, clinicians, and experts in the field to contribute their work, with the scope of advancing knowledge and fostering understanding and collaboration to address the most relevant issues in sleep medicine research.

- obstructive sleep apnea
- parasomnia
- idiopathic hypersomnia
- periodic limb movement disorder
- periodic limb move-ment of sleep

Please click [here](#) to find information!

Welcome to contribute

Guest Editor

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Deadline for manuscript submissions

closed (20 October 2025)



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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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