

## Special Issue

# Eating Disorders: Current Epidemiology and Advances in Diagnosis and Treatment—Second Edition

### Message from the Guest Editor

It is our pleasure to invite you to contribute to this Special Issue entitled "Eating Disorders: Current Epidemiology and Advances in Diagnosis and Treatment—Second Edition". This is a new volume; for more details on the first volume, please visit

[https://www.mdpi.com/journal/jcm/special\\_issues/BM4H2J13YN](https://www.mdpi.com/journal/jcm/special_issues/BM4H2J13YN). Eating disorders (EDs), including anorexia

nervosa, bulimia nervosa, and binge eating disorder, are well-recognized clinical conditions. However, the causes of these disorders, their impacts on individuals and families, and the burden they place on healthcare systems continue to present significant challenges for researchers, clinicians, and public health professionals. Building on the success of the first edition, this second edition broadens its scope to include systematic reviews and original data analyses that examine comprehensive diagnostic and therapeutic perspectives, validated screening tools for early detection, and evaluations of non-pharmacological and pharmacological prevention and treatment strategies for EDs.

---

### Guest Editor

Prof. Dr. Arthur Eumann Mesas

Nutrition and Dietetics, Universidad de Castilla-La Mancha, Cuenca, Spain

---

### Deadline for manuscript submissions

20 January 2026



## Journal of Clinical Medicine

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/si/242289](https://mdpi.com/si/242289)

*Journal of Clinical Medicine*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[jcm@mdpi.com](mailto:jcm@mdpi.com)

[mdpi.com/journal/](https://mdpi.com/journal/)

[jcm](https://mdpi.com/journal/jcm)





# Journal of Clinical Medicine

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/journal/  
jcm](https://mdpi.com/journal/jcm)



## About the Journal

### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

---

### Editors-in-Chief

Prof. Dr. Emmanuel Andr s

Internal Medicine Department, University Hospital Strasbourg, 67000  
Strasbourg, France

Prof. Dr. Kent Doi

Department of Acute Care Medicine, University of Tokyo, Tokyo, Japan

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

#### Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).