

## Special Issue

# Clinical Update in Pulmonary Rehabilitation

### Message from the Guest Editor

There is clear evidence that pulmonary rehabilitation is effective, especially in COPD. In recent years, some studies have demonstrated the effectiveness of respiratory rehabilitation for ILD patients, but only for a short period. However, since many COPD and ILD patients are elderly, a number of them suffer from so-called “sarcopenia.” Previous studies have shown that COPD and ILD patients with sarcopenia have poor prognoses, not only in terms of physical outcomes but also in terms of life expectancy. Recently, a new concept called respiratory sarcopenia, which indicates decreased respiratory muscle strength and mass, has been reported and is gradually attracting attention. In this Special Issue, we summarize the current state of sarcopenia in COPD and ILD patients and its impact on outcomes and also discuss the concept of respiratory sarcopenia, its concept, and how respiratory sarcopenia should be perceived in the future of respiratory rehabilitation for patients with chronic respiratory failure.

### Guest Editor

Prof. Dr. Akira Tamaki

Department of Physical Therapy, School of Rehabilitation, Hyogo Medical University, Kobe 650-8530, Japan

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*Journal of Clinical Medicine*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[jcm@mdpi.com](mailto:jcm@mdpi.com)

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