

## Special Issue

# Arterial Stiffness: Cardiovascular Disease Risk Factor

### Message from the Guest Editor

Arterial stiffness, which is the hardening of arteries, is a key risk factor for cardiovascular disease (CVD).

Research has shown that arterial stiffness leads to conditions such as hypertension, atherosclerosis, and stroke. Various factors, such as aging, high blood pressure, diabetes, and obesity, can lead to the development of arterial stiffness. Moreover, it is also associated with kidney disease, cognitive decline, and overall mortality. The Special Issue aims to provide an opportunity to explore and better understand the mechanisms that link arterial stiffness and CVD, and to develop more effective preventive and therapeutic strategies. We invite scholars in the field to share their findings and submit their reviews or research articles to this Special Issue.

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### Guest Editor

Dr. Rosaria Del Giorno

Division of Angiology, Ente Ospedaliero Cantonale, Lugano University, Lugano, Switzerland

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### Deadline for manuscript submissions

closed (10 August 2024)



## Journal of Clinical Medicine

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*Journal of Clinical Medicine*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[jcm@mdpi.com](mailto:jcm@mdpi.com)

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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Internal Medicine Department, University Hospital Strasbourg, 67081  
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