

Special Issue

Recent Innovations in the Management of Cardiac Rehabilitation

Message from the Guest Editor

Cardiac rehabilitation encompasses multiple cardiovascular pathologies and dysfunctions: patients who have suffered a myocardial infarction, patients undergoing PTCA and stenting, bypass, valve, and aortic replacements, heart transplantation, permanent or temporary L-VAD implantation, and chronic as well as acute CHF. In rehabilitation wards and hospitalizations, the patient does not necessarily reflect a perfect clinical picture and does not always reflect the type of patient in the various trials. The clinician does not choose which patients to follow, without respecting the inclusion and exclusion criteria of an experimental study. Furthermore, the trials are a synthesis of a small portion of patients compared to the millions of cardiovascular patients; that is, each study is a snapshot of people chosen on the basis of specific statistical criteria. The reality of rehabilitation does not always reflect this picture. The Special Issue aims to highlight not only the results of the most recent research, but to highlight further rehabilitation possibilities with respect to the cardiovascular clinical reality through multidisciplinary perspectives.

Guest Editor

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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