

## Special Issue

# Innovative Approaches to Upper Limb Rehabilitation in Orthopaedics: Advances in Functional Recovery and Pain Management

### Message from the Guest Editors

The upcoming Special Issue focuses on upper limb rehabilitation for patients with musculoskeletal conditions, fractures, joint replacements, and neurological impairments. It aims to highlight the latest advancements in both traditional methods and innovative technologies, including digital health tools, wearables, robotic assistance, virtual reality, and neuromuscular stimulation. The issue will cover diverse topics, such as innovative rehabilitation technologies, pain management strategies, and the integration of manual therapy with advanced rehabilitation techniques. Contributions are encouraged from a multidisciplinary perspective, exploring case studies on recovery post-surgery, functional outcomes, and rehabilitation strategies for individuals with neurological impairments. The goal is to improve recovery, reduce disability, and enhance patients' quality of life through cutting-edge research and practices. Submissions that blend established and emerging therapies to support better outcomes for upper limb rehabilitation are particularly welcomed, emphasizing both acute and chronic conditions.

### Guest Editors

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### Deadline for manuscript submissions

closed (30 September 2025)



## Journal of Clinical Medicine

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