

## Special Issue

# Innovative Approaches to Upper Limb Rehabilitation in Orthopaedics: Advances in Functional Recovery and Pain Management

### Message from the Guest Editors

The upcoming Special Issue focuses on upper limb rehabilitation for patients with musculoskeletal conditions, fractures, joint replacements, and neurological impairments. It aims to highlight the latest advancements in both traditional methods and innovative technologies, including digital health tools, wearables, robotic assistance, virtual reality, and neuromuscular stimulation. The issue will cover diverse topics, such as innovative rehabilitation technologies, pain management strategies, and the integration of manual therapy with advanced rehabilitation techniques. Contributions are encouraged from a multidisciplinary perspective, exploring case studies on recovery post-surgery, functional outcomes, and rehabilitation strategies for individuals with neurological impairments. The goal is to improve recovery, reduce disability, and enhance patients' quality of life through cutting-edge research and practices. Submissions that blend established and emerging therapies to support better outcomes for upper limb rehabilitation are particularly welcomed, emphasizing both acute and chronic conditions.

### Guest Editors

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### Deadline for manuscript submissions

30 September 2025



## Journal of Clinical Medicine

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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