



Clinical Advances in Rehabilitation and Prevention

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Message from the Guest Editors

This Special Issue focuses on clinical advances in movement therapy and exercise-based prevention and rehabilitation as they relate to injury and disease across the lifespan. To advance clinical and evidence-based care, the focus is on high-quality work from neurology, orthopedics, endocrinology, and internal medicine at the interface of clinical diagnosis and intervention. We consider traditional exercise intervention studies as well as the validation of technological advances in diagnostics, bioinspired therapies, and digital e-health solutions. Beyond functional adaptations, we are interested in describing the neuronal, physiological, and biomechanical mechanisms underlying adaptations, population compliance, psychocognitive aspects, and cause–effect relationships. The international contributors to this Special Issue will help to advance global “best practices” from advances in the medical management and rehabilitation of patients and sportsmen.





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Message from the Editorial Board

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