



Ectopic Fat Continuum: New Concept Based on Clinical and Basic Evidence

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Message from the Guest Editor

This Special Issue of the *Journal of Clinical Medicine* will cover the following important aspects of ectopic fat continuum in clinical and basic research.

Ectopic fat depots, body composition, visceral fat obesity, metabolic syndrome, and diabetes mellitus;

Ectopic fat depots in pancreatic β cells and skeletal muscle, and modulations of insulin secretion and insulin resistance;

Epicardial and cardiac fat and cardiovascular diseases such as atherosclerotic cardiovascular diseases (ASCVDs), hypertension, left-ventricular dysfunction, heart failure (HFrEF and HfpEF), atrial fibrillation, and other arrhythmia;

Ectopic fat depots and nonalcoholic fatty liver disease (NAFLD), nonalcoholic steatohepatitis (NASH), and liver cancer;

Ectopic fat depots in the kidney (pararenal and renal sinus fat) and chronic kidney disease;

Ectopic fat depots and risk stratification for onset of diabetes and cardiovascular risk.





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Message from the Editorial Board

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