



## Optimizing Present and Future Therapeutic Choices for Treatment and Management of Chronic Inflammatory Bowel Diseases

Guest Editor:

**Dr. Lorenzo Bertani**

Department of General Surgery  
and Gastroenterology, Tuscany  
North West ASL, Pontedera, Italy

Deadline for manuscript  
submissions:  
**closed (27 March 2024)**

### Message from the Guest Editor

Dear Colleagues,

The management of inflammatory bowel diseases (IBD) has been revolutionised in recent years due to the approval of several new therapeutic options involving new inflammation pathways.

However, we must understand how to choose the correct drug for a patient. The main goal of future IBD research would be to identify new drug-specific biomarkers, which is similar to oncological management.

This Issue in the *Journal of Clinical Medicine* is designed to spotlight studies that are able to improve our knowledge.

Dr. Lorenzo Bertani  
*Guest Editor*





an Open Access Journal by MDPI

## Editors-in-Chief

**Prof. Dr. Emmanuel Andrès**

Internal Medicine Department,  
University Hospital Strasbourg,  
67000 Strasbourg, France

**Prof. Dr. Kent Doi**

Department of Emergency and  
Critical Care Medicine, University  
of Tokyo, Tokyo 113-8655, Japan

## Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPus / SciFinder, and other databases.

**Journal Rank:** JCR - Q2 (*Medicine, General & Internal*) / CiteScore - Q1 (*General Medicine*)

## Contact Us

*Journal of Clinical Medicine* Editorial  
Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/jcm](http://mdpi.com/journal/jcm)  
[jcm@mdpi.com](mailto:jcm@mdpi.com)  
✉@JCM\_MDPI