



## Pelvic Floor Disorders: State of the Art and Future Perspectives

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### Message from the Guest Editor

Pelvic floor disorders such as pelvic organ prolapse, urinary incontinence or voiding disorders are common and may significantly affect quality of life. Treatment options for POP include bedside observation, pessary use and pelvic floor surgery. The latter currently has a lifetime risk of 11.1% and is equally expected to increase. Furthermore, overactive bladder syndrome as well as stress urinary incontinence are also common diseases. Treatment involves conservative approaches such as weight reduction or improved fluid intake, as well as physical therapy in the form of pelvic floor training or bladder training. Pharmacological medication includes antimuscarinic and beta-adrenergic drugs, as well as estrogen agents. Additionally, incontinence surgery is a further option.

The aim of this Special Issue is to collect and publish original articles as well as reviews demonstrating advances in the diagnostic and therapeutic research field of urogynecology. In summary, better understanding in this field could also help clinicians better guide their patient toward suitable treatment decisions.





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