



Targeted Diagnosis and Treatment of Shoulder and Elbow Disease

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Message from the Guest Editors

Dear Colleagues,

Shoulder and elbow disease includes a wide range of conditions that affect the joints, muscles, and tissues around the shoulder and elbow. The diagnosis and treatment of these conditions require specialized medical attention. Orthopedic specialists use advanced techniques to accurately diagnose the underlying issues and develop customized treatment plans that may include pain management and surgical procedures. The ultimate goal is improved function and reduced pain for patients suffering from shoulder and elbow disease. An individual rehabilitation plan has to follow international guidelines and requires a multidisciplinary and interdisciplinary team for its full operation, with expert physiotherapists and physiatrists in shoulder and elbow pathologies and their rehabilitation.

We look forward to your enthusiastic participation in this Special Issue that will promote the scientific communication of our knowledge with the ultimate goal of positively influencing the treatment and care for our patients.

Dr. Teresa Paolucci

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Guest Editors

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