



## Therapies in Age-Related Neurodegenerative Diseases and Stroke

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### Message from the Guest Editor

Dear Colleagues,

The aging process is not programmed to be a disease, but some age-related changes occur during the lifespan at many levels. These changes carry with them an increased risk for a number of age-related diseases and degenerative conditions in humans. In the context of extension in one's lifespan, it is crucial to better understand all these factors and interactions that place people at an increased risk for pathological aging and limit the recovery after a lesion. Evidence suggests that a multidisciplinary approach to diseases is needed in order to improve quality of life. The disease response to therapeutic interventions interacts with: (i) social and behavioral factors such as environmental exposure, healthy or unhealthy behaviors, social relationships; and (ii) associated comorbidities. This Special Issue aims at presenting recent advances in the development of new interventions, starting from molecular interventions all the way environmental/social or rehabilitation strategies, including the mechanisms through which these factors exert their beneficial effects on age-related diseases.





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