



Current Strategies and Future Directions in Menopause Management

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Message from the Guest Editor

The journal JCM launched a Special Issue titled "Current Strategies and Future Directions in Menopause Management".

Women's health related to menopause has been given a lot of visibility in recent years. Although menopause is a natural phenomenon, one third of women will experience a pathological experience. The poorer quality of life is accompanied by other medical consequences of estrogen decline: osteoporosis, cardiovascular disease and cognitive decline. Moreover, most postmenopausal women will suffer from the late consequences of hypoestrogenism on their genitourinary tissues.

On the other hand, treatments for the relief of the symptoms and consequences of menopause are gaining in efficacy and safety, although new data are always needed.

This special issue aims to update knowledge about women health aspect related to menopause. We would like to invite you to publish original clinical research articles or systematic reviews focused on the diagnosis, prevention and treatment of processes that worsen women's quality of life, menopausal therapies, or sexuality that will provide gynecologists and family physicians readers with a tool to update their knowledge on this topic.





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Message from the Editorial Board

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