



The Challenge of Healthy Aging with Diabetes

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Message from the Guest Editor

Dear Colleagues,

The risk of diabetes is increased by age. Older people with diabetes have a greater risk of functional limitation and physical disability than people without diabetes as well as a greater risk of cognitive dysfunction and an accelerated rate of cognitive decline and dementia. Despite this, there is a paucity of data with respect to this age group, especially with respect to the above-75 age group. There is a need for consensus on the definition of healthy aging in this group, and refinement of the economic burdens and risk (hyperglycemia, hypoglycemia) and protective factors. In addition, there is a need for evaluation of the effect of the different treatment modalities used in people with diabetes in this age group, specifically the effect of glucose control, which glucose indices to target, glucose monitoring, and other glucose technologies. Finally, there is a need for more data regarding interventions and technologies that may benefit this age group and its caretakers. Therefore, researchers in the field of diabetes in older age are encouraged to submit an original article or review to this Special Issue (case reports and short reviews will not be accepted).





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