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Advances in Pulmonary Rehabilitation

Guest Editors:

Dr. Vinicius Cavalheri

Associate Professor, Curtin
School of Allied Health, Faculty of
Health Sciences, Curtin
University, Perth, WA, Australia
Allied Health Research
Director, South Metropolitan
Health Service, Perth, WA,
Australia

Prof. Dr. Kylie Hill

Curtin School of Allied Health, Faculty of Health Sciences, Curtin University, Perth, WA, Australia

Deadline for manuscript submissions: **20 May 2024**

Message from the Guest Editors

Pulmonary rehabilitation is defined as "a comprehensive intervention based on thorough patient assessment followed by patient-tailored therapies that include, but are not limited to, exercise training, education, selfmanagement intervention aiming at behavior change, designed to improve the physical and psychological condition of people with chronic respiratory disease and to promote the long-term adherence to health-enhancing behaviors". Pulmonary rehabilitation is a highly effective intervention to reduce shortness of breath and improve health status and exercise tolerance in people with chronic obstructive pulmonary disease. There is growing evidence of its positive effects in several outcomes in people with interstitial lung disease, asthma, pulmonary arterial hypertension, lung cancer, cystic fibrosis and other respiratory diseases. In the present Special Issue, the most approaches to patient assessment recent and management as well as optimization of uptake, delivery and completion of pulmonary rehabilitation will be covered.



mdpi.com/si/152472







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Editors-in-Chief

Prof. Dr. Emmanuel Andrès

Internal Medicine Department, University Hospital Strasbourg, 67000 Strasbourg, France

Prof. Dr. Kent Doi

Department of Acute Care Medicine, University of Tokyo, Tokyo, Japan

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Journal of Clinical Medicine Editorial Office MDPI, St. Alban-Anlage 66 4052 Basel, Switzerland Tel: +41 61 683 77 34 www.mdpi.com mdpi.com/journal/jcm jcm@mdpi.com X@JCM_MDPI